



Not Just The Stairclimber People – Case Study

Family fun outdoors includes everyone now!

Date: 05/11/2024

Author: Angela May

Teenager Ross Tulloch may have Cerebral Palsy and quadriplegia but it's not stopping him joining in with his family's outdoor activities, even taking part in sailing races- thanks to a cushion!

Ross' parents and two older brothers love their cycling and sailing. It had become harder and harder for the family to continue their activities AND include Ross as he has grown.

Father Arran was finding it difficult to make sure that 14 years-old Ross was correctly positioned, stabilised and comfortable, whether in the cycle trailer or sailing boat. The onset of scoliosis, requiring Ross to undergo surgery and have metal rods inserted in his spine, added to the complexity of the problem.

Researching online, Arran discovered our trail-blazing Stabilo Comfortable Plus Duo posture cushion.

Comfortable Plus Duo is essentially two-part bean bag that can be fixed into shape to support and stabilise the head, torso and pelvis without pressure points. Once moulded to the contours required, air within is extracted via pump to fix the "beans" into shape. The process means it can be quickly and easily adjusted, at home by a trained carer, to accommodate finite adjustments.

And the cushion fabric is waterproof, breathable and wipeable.

As a result, Aaron can infinitely and precisely mould the cushions to achieve the exact level of stabilisation, support and comfort that Ross needs, from head to tail, with the ability to easily adjust it to each activity.



"Ross may be non-verbal but he shows he loves being outdoors with us," says Aaron. "I had tried adapting various child seats as Ross has grown but we just couldn't achieve his core stability, support and comfort. It was impacting on all of us: Ross hasn't been able to go sailing for two years, nor out with us cycling for over a year as he just couldn't get comfortable!"

"The Stabilo is really good! It's meant Ross can be fully included: he's even taken part in his first sailing race for two years!"

Find out more about Comfortable Plus Duo and the Stabilo vacuum posture cushions here:

<https://www.aatgb.com/posture-cushions/>.