



Not Just The Stairclimber People – Case Study

Everyone involved relaxes at bath-time with innovative support

Date: 24/10/2022

Author: Angela May

Unique equipment is helping staff at a Mencap residential units make one of their residents more comfortable and relaxed in her daily needs.

The woman has complex mental and physical disabilities, Her disabilities mean she has to bathe rather than shower.

The submersion in the bath- aqua therapy- is also an essential part of her physical and mental treatment.

The issue- until now- for her carers has been how to safely and comfortably support her in the bath. This would optimise her ability to relax and obtain the full benefits of the aqua therapy, as well as ensuring her hygiene. However, all the systems hitherto available involved rigid, mechanical restraints, which she would resist, or they would have to remain fixed in the bath, impeding use by the other residents.

Her Occupational Therapist called in AAT to support in finding a way to help both her and her carers. The result has been the prescription of an AAT Aqua Liberty bathing support system with a Comfortable Plus Duo cushion.



“Since we’ve been using the Aqua Liberty, this resident actually gets the benefit of her aqua therapy. She is relaxed, and content,” explained home manager Jane Turton.

She added, “Aqua Liberty has been the ideal answer for us as a care team.

To find out more about the Aqua Liberty system, including booking of free no obligation assessments, visit

<https://www.aatgb.com/aqua-liberty/>.